

THE JOURNEY OF GRACE COURSE

28th September 2026 – 8th March 2027

Online via Zoom: Monday evenings: 7.00pm - 9.30pm; Saturday 23rd January: Sessions between 9.30am - 3.30pm

Please note: All dates are Monday evenings, except for Saturday, 23rd January.

Dates: **September:** 28th, **October:** 5th, 12th, 19th, 26th, **November:** 2nd, 9th, 16th, 23rd, 30th, **December:** 7th, **January:** 4th, 11th, 18th, 23rd (SAT), 25th, **February:** 1st, 8th, 15th, 22nd, **March:** 1st, 8th.

Please read through these notes before completing your application.

All answers should be completed in full, regardless of your position within the church or Journey UK.

Each application is taken on its own merit.

When returning your application form to us, it should include:

- A page with the key events in your life so far. (See pages 5-6).
- Photo ID (A scan or photo of your passport or driver's licence).
- An application fee of £15, which is a non-refundable sum to cover administration costs, whether or not your application is successful.

Applying does not guarantee a place in the course. If you send your application by post, please ensure you put the correct postage on the envelope, as sometimes applications are delayed for this reason.

Payment options:

1. Via direct bank transfer to: Journey UK / Sort code: 40-52-40 / Account no: 00004919.
2. By cheque made payable to 'Journey UK'.
3. For further options for international payments, please contact the office.

From your referee:

- A reference from your church leader or person with pastoral responsibility, confirming they know you and your suitability to be in a small group where self-disclosure is required. Please download the Reference Form from our [website](https://www.journey-uk.org). A brief covering letter on headed paper is required - alternatively, we will also accept an email from a church email address as headed paper. This must be sent to us directly from your referee.

Course fees: £495.00 for UK-based participants and £520.00 for International participants. This includes the application fee of **£15.00**. The balance of **£480.00** (UK participants) or **£495.00** (international participants) is payable subject to acceptance. Payment can be made by instalments if needed. Please contact us at the office to discuss.

Application Deadline: Tuesday, 15th September 2026 - Please apply sooner if possible, as spaces are limited.

Applications should be sent by email to: hello@journey-uk.org or by post to: Journey UK, Christ Church C Of E, 676-680 Old Kent Road, London, SE15 1JF.

Feel free to contact us at the office if you have any questions: hello@journey-uk.org / 020 7799 2200.

Application Process:

4. Download the application form and email/post it, along with a photo ID and payment for the application fee.
5. A reference form and covering letter should be emailed/posted to us by your church leader/person in a pastoral position.
6. You will receive a confirmation email, followed by an email with the outcome of your application.
7. If offered a place, you will receive an acceptance letter via email with further forms to fill in and sign.
8. You will need to complete and return all of the necessary paperwork as confirmation that you accept your place in the course.

Private and Confidential Application Form

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Please be as open as possible when answering the questions. The form is strictly confidential.

Title: Mr () Mrs () Miss () Ms () Other:

First Name:

Surname:

Gender:

Age:

Date of Birth:

Address:

Post Code:

Country:

Telephone: (home)

Mobile number:

Email:

Occupation:

Relationship Status:

Single () Dating () Engaged () Married () Partnership () Separated () Divorced () Widowed () Other ()

Is there anything that you would like to share with us about your relationship status? (Optional)

Do you have any children? Please tell us how many and their ages.

How did you hear about Journey UK?

Do you profess to be a Christian? Yes/No

For how long?

Give brief details of how you became a Christian:

Name of your church:

How long have you attended?

Details of your involvement in your church and any leadership responsibilities:

Explain the relationship, if any, between your church and Journey UK:

Explain your reasons for wanting to attend the course. (Please use a separate sheet should you need more space).

Journey UK works in the areas of relationships. How is your reason for attending relevant to this?

The purpose of the course is for personal healing. In what ways have you pursued this in the past?

Have you ever had counselling or psychiatric help?

Please give details, including the organisation, the dates and the reason for seeking help:

Have you or are you currently on any prescribed medication? Please give details:

Have you or are you currently chemically dependent? (e.g. drugs/alcohol):

What are your expectations of the course?

Please tick the areas in which you need help. Tick as many as apply:

Present

☐	Relationship with Mother
☐	Relationship with Father
☐	Relationship with Siblings
☐	Relationship with Peers
☐	Intimate Relationships
☐	God as Father
☐	Finding it hard to receive
☐	Shame
☐	Anxiety
☐	Loneliness
☐	Anger
☐	Passivity
☐	Trust
☐	Issues with authority figures
☐	Co-Dependency
☐	Emotional Dependency
☐	Fantasy
☐	Abuse
☐	Pornography
☐	Compulsive Masturbation
☐	Sexual Addiction
☐	Work addiction
☐	Alcohol
☐	Eating disorder
☐	Self-harming
☐	Other Addiction
☐	Other (Specify)

Past

☐	Relationship with Mother
☐	Relationship with Father
☐	Relationship with Siblings
☐	Relationship with Peers
☐	Intimate Relationships
☐	God as Father
☐	Finding it hard to receive
☐	Shame
☐	Anxiety
☐	Loneliness
☐	Anger
☐	Passivity
☐	Trust
☐	Issues with authority figures
☐	Co-Dependency
☐	Emotional Dependency
☐	Fantasy
☐	Abuse
☐	Pornography
☐	Compulsive Masturbation
☐	Sexual Addiction
☐	Work addiction
☐	Alcohol
☐	Eating disorder
☐	Self-harming
☐	Other Addiction
☐	Other (Specify)

Write about key events in your life so far: describe briefly where you came from, your upbringing, and any significant events that have impacted you personally, e.g. school years, relationships, your Christian journey. Please write between half a page and up to two pages:

What pastoral care do you have in place for continuing your healing journey after the course?

Names of three people who will intercede (pray) for you during the course if you are accepted:

1.

2.

3.

Names of any friends or others from your church who are applying for the course:

How do you feel about being in a small group with other participants whose issues may be different from your own?

Are you willing to share your story and participate in listening prayer in the small group?

I have enclosed (please tick):

☐	A non-refundable application fee of £15.00.
☐	I have asked my church leader/person in a pastoral position for a reference and sent them the REFERENCE FORM (download from our website). NOTE: The referee should send the reference to Journey UK directly.
☐	Photo ID (a scan or photo of your passport or driver's licence).
☐	I confirm I can make all the dates or will miss no more than one week. I am aware that full commitment is expected to take part in the course.
☐	I understand that my participation in 'The Journey of Grace' course requires my taking part in a small group in which self-disclosure and personal sharing will be expected of me.

Signed:

(Please type your name as a signature if sending the form by email.)

Name:

Date:

We would like to add you to our monthly mailing list to keep you informed about upcoming courses and events. Please tick accordingly.

☐	Yes
☐	No
☐	I am already on the mailing list

Your application form is confidential to the Journey UK staff team and stored securely. You can request to see the form or for the form to be destroyed at any time. See Journey UK's [Data Protection Policy](#).